

The SOUTHWIND Breeze

June
2016

This Month:

- Family/
Friend Night
- Movie at
Crowley
Cinema IV
- Boxocology
Begins!

Introducing the 2016 Activity Program: Boxocology

Boxocology | noun | Box ▪ ə ▪ cology

Boxocology is the non-medical use of quirky holidays, creative spirits, and a love of laughter to provide meaningful and fun experiences with residents and staff.

Beginning this month, Southwind Senior Living will participate in a themed activity program that will last throughout the year. Each month, three "holidays" will be highlighted and celebrated in unique and interesting ways. June's "holidays" to be celebrated are:

National Donut Day, Pig Callers Day, and Watermelon Seed Spitting Week. Residents, staff, and family members can participate in activities such as a Donut Float game, making homemade donuts, a watermelon seed spitting contest, pig-inspired meals and parties, and much much more! Southwind Senior Living is excited to see what wild "holidays" Boxocology will bring us! For more information please see Jill Villejoin.



-Jill Villejoin

Department Heads:



Executive Director

Resident Services Director

Business Office Manager

Dietary Manager

Activity Director

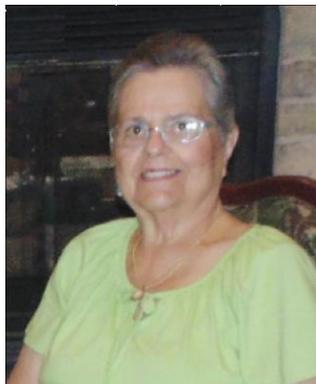
Jill Signorelli

Miranda Mire

Laurie Bellard

Maria Young

Jill Villejoin



**Resident
of the Month
Mildred Landry**

Ms. Mildred has been a resident of SWSL for 4 years. She enjoys cooking, gardening, sewing, crafts, and feeding the ducks. She stays quite active and is a joy to be around!

**Employee
of the Month**

Sandy Nelson

Sandy has been a receptionist with SWSL for the last 3 years. She is dependable, helpful, and always greets everyone with a smile! SWSL is glad to have her on our team! Congratulations Sandy!

Upcoming Events

Mark your calendars and join us!

- 06-01 Lunch at Panera Bread Company
Resident Council Meeting
- 06-02 May Activity Auction
- 06-03 Monthly Sewing Class
- 06-04 St. Michael's Mass in the dining room
- 06-07 Lunch at Mazen's Grill in Lafayette
- 06-08 Movie at Crowley Cinema IV
- 06-10 BOXOCOLGY: Pig Callers Happy Hour
- 06-14 Lunch at Mr. Gatti's in Crowley
- 06-15 BOXOCOLGY: National Donut Day Party!
- 06-18 Movie at Crowley Cinema IV
- 06-19 Happy Father's Day!
- 06-23 FAMILY/FRIEND NIGHT
- 06-28 Casino Trip to Coushatta in Kinder
- 06-29 BOXOCOLGY: Watermelon Seed Spitting Week Party
- 06-30 June Activity Auction

Birthdays and Anniversaries

Residents:

06-14 Teresa Thomas, 1 Year



Employees:

- 06-07 Jill Signorelli, 12 Years
- 06-25 Annie Frey, 1 Year
- 06-26 Katherine Webster
Annie Frey



**Auction Money
Activities**

*Bingo every day
At 3 PM & Trivia Mondays
every Monday at 10 AM*

- 06-02 Activity Bingo & Plinko
- 06-07 Music Bingo
- 06-09 Let's Make a Deal
- 06-29 Music Bingo
- 06-29 Deal or No Deal
- 06-30 Plinko & Activity Bingo



Step On It!

Beginning **Friday, June 3rd**, Southwind Senior Living will begin the Step It Up! program in conjunction with Synergy Home Care. Please see the flyer below for more information:



What is it?

Step On It! is a senior wellness program designed to keep SWSL residents active and independent while working to reduce fall risk.

Why is Step On it! important?

Studies show that those who move more are able to see more, do more, and flat out enjoy life more. This program keeps everyone moving, grooving, and remaining independent as possible.

How does it work?

Jill Villejoin, SWSL's activity director will get you started, and you will get your own pedometer. When you come to the meeting at **1:30 PM on Friday, June 3rd**, you will be part of a group that moves, competes, and has fun together.

***No matter how much you do or
how much you're able to do,
the point is everybody wins!***

Homemade Beignets for our Pen Pals

Last month SWSL residents held a homemade beignet cooking class in preparation for our next Pen Pal care package. Staff and fellow residents were taught the old-fashioned way to make beignets. To learn more about homemade beignets and the Pen Pal program, please attend the next scheduled meeting on Wednesday, June 1st at 10 AM.



Annual Crawfish Boil

Our annual crawfish boil was held in May, and like always they were delicious! Thanks to all the staff that made the day successful and fun!



Happy Father's Day

There in every moment, see his love and care.
Strength and hands to count on, freely he does share.
Provider, toil so faithfully, to make our dreams come true.
Give strong and tender discipline, though is it hard to do.
A Father is God's chosen one to lead the family,
And point it to His will for life of love and harmony... -Sue Skeen

Happy Birthday!



May Birthday: Enez Marx

Thank You Winn Dixie!

SWAL would like to thank Winn Dixie of Crowley for donating the delicious and beautiful birthday cake in August & September. To order your next cake from Winn Dixie call 785-0010 or stop by their store on North Parkerson.

Reminders....

- If you have any family or friends that would like to receive a monthly newsletter and calendar, please give their name and address to Jill V. If you wish to view the newsletter and calendar on line, please visit our web site at www.southwindseniorliving.com.
- During inclement weather, Wal-Mart trips will be cancelled..
- The covered driveway is for picking up and dropping off ONLY! Please DO NOT leave your vehicle unattended at any time. Emergency vehicles need access to this fire lane at all times. Thank you for your cooperation.
- Any resident in need of transportation for doctor's appointments, please give your information to the Activity Department a MINIMUM OF **ONE WEEK** before the appointment.
- SWAL would like to remind guests smoking is prohibited on the front porch and to please kindly discard cigarette butts in a safe manner and not on the ground. Thank you for your cooperation.

**Southwind Assisted
Living**

**626 Crowley-Rayne
Hwy.
Crowley, LA 70526**

**PHONE:
(337) 788-1113**

**FAX:
(337) 788-1195**

We're on the Web!

See us at:

www.southwindassistedliving.com

Our Mission

Our mission is to operate and manage the highest level of quality independent and assisted living communities where we provide superior service and unmatched value where:

- Residents and their family members are shown compassion and understanding, respect and dignity and caring support.
- Team members feel a sense of belonging.

About Us –

Southwind Assisted Living is a continuing care retirement community designed to provide a healthy, secure living environment; quality apartment housing with thoughtful amenities; and individual care programs designed for the senior and their families. Our living arrangements will allow you to maintain as independent a lifestyle as possible. We are convenient to shopping, medical providers, and all community services.



**626 Crowley-Rayne Hwy.
Crowley, LA 70526**

