



September
2016

This Month:

- NATIONAL ASSISTED LIVING WEEK!
- Grandparent's Day Breakfast
- Boxocology: Pirate Day, Chicken Dance Day, & Gum Chewing Day
- Crowley Museum Trip

National Assisted Living Week: September 11th-17th

SWSL will be celebrating National Assisted Living week Sunday, September 11-17, 2016. Established by the National Center for Assisted Living (NCAL) in 1995, National Assisted Living Week provides a unique opportunity for residents, their loved ones, staff, volunteers, and the surrounding communities to recognize the role of assisted living in caring for America's seniors. The annual observance encourages assisted living communities around the country to offer a variety of events and activities to celebrate the individuals they serve, as well as to help educate members of the public about this distinctive aspect of long term care.

SWSL will have an action-packed week full of fun activities for residents and staff. Family members are also encouraged to attend as many activities as possible throughout the week. We will begin the week by celebrating Grandparent's Day on Sunday, September 11th by hosting a special breakfast for residents and family members. Other themes that will be celebrated each day during National Assisted Living Week are:

Monday—Patriotic Day
Tuesday—Talk Like a Pirate Day
Wednesday—Arts & Culture Day
Thursday—SWSL Carnival
Friday—Hawaiian Day

Also, costumes or themed clothing are encouraged each day!!!! For a complete list of activities, please see Page 4 in the newsletter. - Jill Villejo

Department Heads:



Executive Director

Jill Signorelli

Resident Services Director

Miranda Mire

Business Office Manager

Laurie Bellard

Dietary Manager

Maria Young

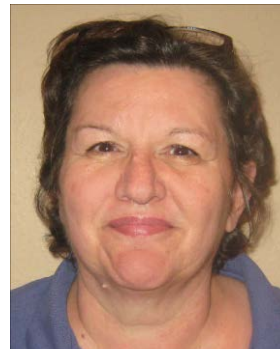
Activity Director

Jill Villejo



Resident of the Month James Bordelon

Mr. James has been a resident for 7 months and stays active through exercising and participating in a variety of other activities. He is a true gentleman and is always found lending a hand to others.
Congratulations Mr. James!



Employee of the Month Mary Broussard

Mary has been an employee for 6 years. She is a hard worker and is always ready to help in any department. We appreciate Mary and her cheerful personality!
Congratulations Mary!

Upcoming Events

Mark your calendars and join us!

- 09-01 August Activity Auction
- 09-02 Step On It with Carey from Synergy Home Care
- 09-07 Lunch at Bon Temps Grill in Lafayette
- 09-11 **NATIONAL ASSISTED LIVING WEEK!**
Grandparent's Day Breakfast & Movie at Cinema IV
- 09-12 **Patriotic Day!**
Veteran Ceremony with Louisiana Hospice
- 09-13 **Talk Like a Pirate Day!**
Scavenger Hunt, Pirate Games, and Party
- 09-14 **Arts & Culture Day!**
Iota French Choir Concert, App/Wine Tasting, Crowley Museum Trip, and Dinner at Ruffino's
- 09-15 **Carnival Day!**
Carnival Games, Carnival Food, and Petting Zoo!
- 09-16 **Hawaiian Day!**
Hawaiian Luau with Tropical Food and Party Games
- 09-20 Casino Trip to L'auberge Casino in Lake Charles
- 09-21 Boxocology: Chicken Dance Day!
- 09-22 Resident Birthday Party (Marjorie Da'Ville & June LeBlanc)
- 09-28 Boxocology: Chewing Gum Day!
- 09-29 Lunch at Another Broken Egg Café in Lafayette



Auction Money Activities

*Bingo every day
At 3 PM & Trivia Mondays
every Monday at 10 AM*

- 09-01 Activity Bingo & Plinko
- 09-08 Let's Make a Deal
- 09-12 Music Bingo
- 09-13 Scavenger Hunt
- 09-15 SWSL Carnival
- 09-20 Music Bingo
- 09-22 Birthday Party
- 09-27 Deal or No Deal



Birthdays and Anniversaries

Residents:

- 09-05 Marjorie Da'Ville
- 09-14 Margaret Leonards, 7 Years
- 09-15 Louise Webb, 3 Years
- 09-16 Dr. Thomas "Bo" McNeely, 1 Year
- 09-18 Shirley Cassidy, 4 Years
- 09-22 Clifton Owens
- 09-30 June LeBlanc

Employees:

- 09-23 Katherine Webster, 12 Years
- 09-25 Angela Bourque

Boxocology Fun!



Lollipop Day, Hot Dog Day, & Wiggle Your Toes Day



Boxocology
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Boxocology is the non-medical use of quirky holidays, creative spirits, and a love of laughter to provide meaningful and fun experiences with residents and staff.

Over the last few weeks, SWSL celebrated several wacky and fun “holidays”. On National Lollipop Day, residents prepared homemade popcorn lollipops drizzled with white chocolate and lollipops made from hard candies. A fun taste test game featuring a variety of Popsicle flavors had residents guessing which flavors they were sampling.

Residents had a feast for National Hot Dog Day! They made homemade chili cheese dog dip, pigs-n-a-quilt, fried taco hot dogs, and decorated cupcakes with a “hot dog” grill topping. The hot dog recipe contest’s top recipes were submitted by Rena LeJeune and Barbara Scanlan. Ms. Rena’s shrimp etouffee hot dog and Ms. Barbara’s bell pepper and onion dog topped with sweet and sour sauce were sampled later that week at happy hour.

Wiggle Your Toes Day showed off SWSL’s creative side with crafty and cute flip flop door hangings. Residents also made homemade Tic Tac TOE games to give as prizes for the Talented Toes Contest where residents put their toes to the test! Margaret Leonards won the top prize for writing her name with her toes the best. –Jill Villejoin



National Assisted Living Week Schedule of Events

The Southwind Review

Due to the volume of activities for National Assisted Living Week, September's activity calendar does not list every activity. Therefore, the following is a complete and detailed schedule of events for National Assisted Living Week. Please keep this page with your calendar to stay updated on each day's activities. (Special activities are highlighted in **BOLD**.) And, as always, please see Jill Villejoine with any questions.

Sunday, September 11th—Grandparent's Day

- 8-10 AM Grandparent's Day Breakfast (See Page 5 for details.)
- 1:30 PM Movie at Crowley Cinema IV
- 3 PM Bingo

Monday, September 12th—Patriotic Day

- 8:30 AM Exercise
- 9:30 AM Rosary
- 10 AM Patriotic Music Bingo
- 1 PM Wal-Mart/Shopping
- 2 PM Veteran's Ceremony (Sponsored by Louisiana Hospice)
- 3 PM Bingo

Tuesday, September 13th—Talk Like a Pirate Day

- 8:30 AM Exercise
- 9:30 AM Rosary
- 10 AM Scavenger Hunt (Begins in the Dining Room)
- 1:30 PM Talk Like a Pirate Contest
- 2 PM Pirate Hook Ring Toss Game
- 2:30 PM Pirate Snacks & Photo Booth
- 3 PM Bingo

Wednesday, September 14th—Arts & Culture Day

- 8:30 AM Exercise
- 9:30 AM Rosary
- 10 AM Iota French Choir Concert
- 10:45 AM Appetizer & Wine (Optional) Tasting by Chef Reynald Landry (See Page 5 for details.)
- 2 PM Tour of Historic Ford Building (Crowley City Hall) and Museum
- 3 PM Bingo
- 4:45 PM Out to Dinner at Ruffino's in Lafayette

Thursday, September 15th—SWSL Carnival

- 8:30 AM Exercise
- 8:30 AM Wal-Mart
- 9:30 AM Rosary
- 10 AM Carnival Games (Plinko, Punch-A-Bunch, Bucket Ball, & Guessing Booth)
- 1:30 PM More Carnival Games (Football Throw, Ping Pong Toss, Balloon Pop, & Guessing Booth)
- 2:30 PM Carnival Snacks (Funnel Cakes, Corn Dogs, Popcorn, Etc.)
- 3-5 PM Petting Zoo (Variety of 24 animals, such as rabbits, miniature horse, goats, sheep, donkey, etc.)

Friday, September 16th—Hawaiian Day

- 8:30 AM Exercise
- 9:30 AM Rosary
- 10 AM Coffee Social (in Dining Room) & Cooking Hawaiian Food with Jill V. (in Activity Room)
- 2 PM Hawaiian Party (Kalani Says Game and Staff Limbo Contest)
- 2:45 PM Hawaiian Feast & Luau
- 3:30 PM Bingo (Time permitting)

Grandparent's Day Breakfast

- Will be conducted just like a Family/Friend Night.
- Each resident can invite 4 guests. (6 guests for married couples).
- There will be reserved seating.
- Residents and guests may arrive any time between 8 AM and 10 AM.
- Menu: Table-side omelet station, homemade waffle bar with fresh fruit, homemade muffin baskets, and shrimp-n-grits. Everyone may pick one, two...or ALL menu options!

Appetizer/Wine Tasting

- Will begin immediately after the French Choir Concert.
- Lunch that Wednesday (September 14) will be served at **11:45 AM**
- Appetizer Menu: (Each resident will be served all three appetizers and an optional wine pairing.)

Blue Point Crab Crostini: Blue point crab mousse piped on a crispy baguette then topped with a tropical coulis and thin slice of cucumber and chives.

Smoked Tasso Cream Cheese Spread and Fig Chutney Canape: A buttery crispy dark wheat bread smothered with smoked Tasso cream cheese spread then topped with a sweet and savory fig chutney and toasted pecans.

Sweet Onion Marmalade Crostini: Crostini topped with creamy goat cheese, applewood smoked bacon and a sweet onion marmalade then topped with a Port wine reduction drizzle.

Happy Birthday!



August Birthdays

Jerome Simoneaux,
James Bordelon, &
Louise Webb

Reminders....

- If you have any family or friends that would like to receive a monthly newsletter and calendar, please give their name and address to Jill V. If you wish to view the newsletter and calendar online, please visit our web site at www.southwindseniorliving.com.
- During inclement weather, Wal-Mart trips will be cancelled.
- The September activity auction will be held on Tuesday, October 4th.
- The covered driveway is for picking up and dropping off ONLY! Please DO NOT leave your vehicle unattended at any time. Emergency vehicles need access to this fire lane at all times. Thank you for your cooperation.
- Any resident in need of transportation for doctor's appointments, please give your information to the Activity Department a MINIMUM OF **ONE WEEK** before the appointment.
- SWSL would like to remind guests smoking is prohibited on the front porch and to please kindly discard cigarette butts in a safe manner and not on the ground. Thank you for your cooperation.

Southwind Senior Living Suites

**626 Crowley-Rayne
Hwy.
Crowley, LA 70526**

**PHONE:
(337) 788-1113**

**FAX:
(337) 788-1195**

We're on the Web!

See us at:

www.southwindassistedliving.com

Our Mission

Our mission is to operate and manage the highest level of quality independent and assisted living communities where we provide superior service and unmatched value where:

- Residents and their family members are shown compassion and understanding, respect and dignity and caring support.
- Team members feel a sense of belonging.

About Us –

Southwind Senior Living is a continuing care retirement community designed to provide a healthy, secure living environment; quality apartment housing with thoughtful amenities; and individual care programs designed for the senior and their families. Our living arrangements will allow you to maintain as independent a lifestyle as possible. We are convenient to shopping, medical providers, and all community services.



**626 Crowley-Rayne Hwy.
Crowley, LA 70526**

