



November
2016

This Month:

- Movie at Crowley Cinema IV
- Tour of Louisiana Military Museum
- Veterans Day Celebration
- Thanksgiving Family/Friend Night
- Gingerbread Houses



What's In a Name?

Introducing the *Life Enrichment* Department

Over the last few years, Southwind Senior Living (along with our sister locations of Elder Outreach) has adopted a person-centered care philosophy. Person-centered care is not just about giving people whatever they want or providing information. It is about considering people's desires, values, family situations, social circumstances and lifestyles; seeing the person as an individual, and working together to develop appropriate solutions. Being compassionate, thinking about things from the person's point of view and being respectful are all important. As person-centered care is becoming more ingrained in Southwind Senior Living's way of offering healthcare well beyond ordinary, the programs and goals of our company's activity directors have also evolved. The activity department often times has the most impact on residents' emotional and spiritual wellbeing, and we are extremely proud of what our company's focus on this area has accomplished: a push for nontraditional activities and excursions (ex. shopping at the Acadiana Mall, train rides, trips to New Orleans, introduction of I-Pad activity apps, Pen Pal correspondence, etc.); specialized dementia training for staff; corporate activity programs and support; certification of the activity directors; and added technology in activities.

With that said, we are changing the position name (and department) to Life Enrichment Directors. This name change portrays a much more descriptive concept of what the activity staff is doing – using creativity and resident preferences to meet specific interests and needs of residents; designing activity programs that not just entertain, but bring value and meaning to residents lives; and promoting relationships between staff and residents for better individualized care.

I'm sure everyone can agree that the Life Enrichment Department has been an integral part of Southwind Senior Living's success and the name change is a perfect way to reflect it.

---Karen Tabiolo, Elder Outreach

Department Heads:

Executive Director

Jill Signorelli

Resident Services Director

Miranda Mire

Business Office Manager

Laurie Bellard

Dietary Manager

Maria Young

Activity Director

Jill Villejoin



**Resident
of the Month
Betty
Fontenot**

Ms. Betty loves to cook, share recipes, and is always friendly and kind. We are happy to have her as part of our SWSL family!



**Employee
of the Month
Katherine
Webster**

Katherine has been an employee for 12 years and is always willing to lend a helping hand. She is dependable, hardworking, and loves to crochet. Congratulations!

Upcoming Events

Mark your calendars and join us!

- 11-01 All Saints Day Mass at St. Michael's School
Lunch at
- 11-02 October Activity Auction
- 11-05 St. Michael's Mass in the Dining Room
Movie at Crowley Cinema IV
- 11-08 Resident Birthday Party (Barbara Geesey, Pigeon Fontenot, Rena LeJeune, and Sherlene Robichaux)
- 11-09 Lunch at
- 11-10 Tour of Louisiana Military Museum in Abbeville
- 11-11 Veterans Day Ceremony and Party
- 11-15 THANKSGIVING FAMILY/FRIEND NIGHT!**
- 11-22 Casino Trip to Coushatta in Kinder
- 11-24 Happy Thanksgiving!



**Auction Money
Activities**

*Bingo every day
At 3 PM & Trivia Mondays
every Monday at 10 AM*

- 11-02 Plinko
- 11-08 Birthday Party
- 11-09 Let's Make a Deal
- 11-16 Music Bingo
- 11-22 Music Bingo
- 11-30 Deal or No Deal



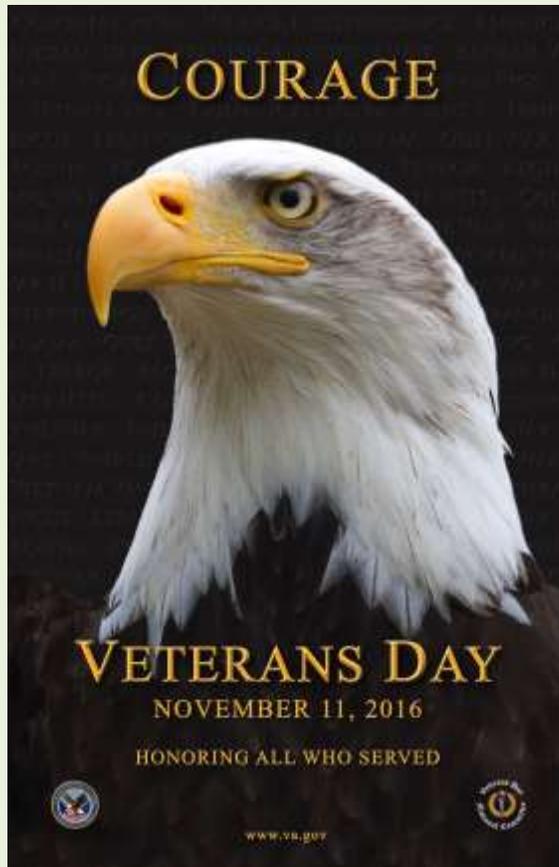
Birthdays and Anniversaries

Residents:

- 11-02 Barbara Geesey
- 11-06 Rena LeJeune, 2 Years
- 11-11 Barbara Geesey, 9 Years
- 11-14 Louise Bergeron, 4 Years
- 11-18 Willa Jabusch, 3 Years
- 11-23 Pigeon Fontenot
- 11-26 Rena LeJeune
- 11-29 Sherlene Robichaux

Employees:

- 11-16 Maria Young
- 11-23 Shawana Savoy
- 11-29 Lydia Murray



Veterans Day 2016

Please join Southwind Senior Living, Encore Healthcare and Rehabilitation, and Southwind Healthcare and Rehabilitation at the Southwind Healthcare Activity Center on Wednesday, November 11th at 2 PM for a special ceremony to honor our veterans. Refreshments will be served immediately after the ceremony in the SWSL dining room.

“The American cause is liberty, justice, and peace, and millions breathe free today because of American soldiers who fought and sacrificed for that cause. They are America's veterans, and they are still the pride of our nation. They have fought our wars, defended our shores and kept us free. May God keep us ever grateful for their service.” -Ronald Reagan

Do Something Nice Day

Last month, as part of Boxocology, SWSL celebrated Do Something Nice Day which was a day to do something nice for someone. It doesn't matter how big or how small, doing something nice is good for both the giver and the receiver- heart and soul. Random acts of kindness does everybody good. Think about it, reflect on the power of a single individual who can change the world with a little action.

SWSL residents and staff adopted this philosophy by exchanging gifts of appreciation as well as completing a service scavenger hunt. The scavenger hunt consisted of leaving kind notes throughout the building, writing thank you notes to the Crowley Police Department, and simply exchanging smiles or compliments with others. Residents, Shirley Cassidy, Mildred Landry, and Jeanette Corley completed this special scavenger hunt and received beautiful bouquets. Thanks for spreading kindness, ladies!



Boxocology | noun | Box ▪ ə ▪ cology

Boxocology is the non-medical use of quirky holidays, creative spirits, and a love of laughter to provide meaningful and fun experiences with residents and staff.

Chocolate Covered Insect Day

If you are tired of the same ho-hum snack and want to spice things up a bit, this "holiday" may be just for you! SWSL celebrated National Chocolate-Covered Insect Day as part of the corporate activity program, Boxocology. Yep, there is a day set aside each year specifically devoted to edible insects drenched in creamy chocolate. Bugs including ants, spiders, termites, sucking lice, grubs, beetles, bees and crickets are just a few of the creepy crawlers on the menu!

While eating bugs may be enough to make some people's skin crawl, eating insects is nothing unusual for people in many parts of the world. In fact, some cultures consider insects a delicacy. Depending on the season and location, bugs are not only cheap and readily available, but they can also be a good source of protein too. Next time you have the munchies, why not whip up a few bugs for a little crispy snack? *Source: holidays.com*

To celebrate this "holiday" SWSL's brave residents, Louise Webb and Willa Jabusch, mustered up the courage to sample a chocolate covered cricket! Other more appealing activities included a garden party which featured grape caterpillars, celery butterflies, and "ants on a log" (chocolate covered pretzels with sprinkles). Residents also enjoyed a friendly game of fly swatter tennis and an artistic adult coloring competition.



Happy Birthday!



Thank You Winn Dixie!

SWSL would like to thank Winn Dixie of Crowley for donating the delicious and beautiful birthday cake in October. To order your next cake from Winn Dixie call 785-0010 or stop by their store on North Parkerson.

Dot Dailey and Mary Trahan (Not Pictured: Dr. McNeely, Mae Prather, and Clifton Owens)

Birthday Piñata Fun!



Reminders....

- If you have any family or friends that would like to receive a monthly newsletter and calendar, please give their name and address to Jill V. If you wish to view the newsletter and calendar on line, please visit our web site at www.southwindseniorliving.com.
- During inclement weather, Wal-Mart trips will be cancelled.
- The November activity auction will be held on Tuesday, December 6th.
- The covered driveway is for picking up and dropping off ONLY! Please DO NOT leave your vehicle unattended at any time. Emergency vehicles need access to this fire lane at all times. Thank you for your cooperation.
- Any resident in need of transportation for doctor's appointments, please give your information to the Activity Department a MINIMUM OF **ONE WEEK** before the appointment.
- SWSL would like to remind guests smoking is prohibited on the front porch and to please kindly discard cigarette butts in a safe manner and not on the ground. Thank you for your cooperation.

Southwind Senior
Living Suites

**626 Crowley-Rayne
Hwy.
Crowley, LA 70526**

**PHONE:
(337) 788-1113**

**FAX:
(337) 788-1195**

We're on the Web!

See us at:

www.southwindassistedliving.com

Our Mission

Our mission is to operate and manage the highest level of quality independent and assisted living communities where we provide superior service and unmatched value where:

- Residents and their family members are shown compassion and understanding, respect and dignity and caring support.
- Team members feel a sense of belonging.

About Us –

Southwind Senior Living is a continuing care retirement community designed to provide a healthy, secure living environment; quality apartment housing with thoughtful amenities; and individual care programs designed for the senior and their families. Our living arrangements will allow you to maintain as independent a lifestyle as possible. We are convenient to shopping, medical providers, and all community services.



**626 Crowley-Rayne Hwy.
Crowley, LA 70526**

