



December
2016

This Month:

- Christmas Concerts
- Christmas Plays
- Christmas Parties
- Christmas Lights Joy Ride
- Shopping at Mall of Acadiana
- Gingerbread Houses
- New Year's Eve Party
- Movie at Crowley Cinema IV

Merry Christmas from SWSL

'Twas the night before Christmas at Southwind Senior Living, all the residents were joyful, happy, and giving. Maria had hung all decorations with care, while each of the ladies had all done their hair, for they all knew that Santa soon would be there. Jill V. had been busy in the activity kitchen all day, baking cookies for Santa, to eat as he may. That night the residents were nestled all snug in their beds, while visions of Bingo Cards danced in their heads. And I in my office, and Laurie by my side, going over bills, "Gosh!" it was late, we both could have cried! When out on the lawn there arose such a clatter, was it Miranda with the Laundry cart, or did Brett or J.P. fall off a ladder? Away to the door we ran really fast, Laurie yelled, "Jill S, did you see that strange shadow that had just passed?!!!" The moon shone bright on the pond near the road, the weather was great, just a tad bit cold! The ducks as well as the goose were all comfy asleep in their nest; they must have been taking a long winter's rest. When what to our sleepy eyes would appear, the big Southwind bus, "Oh, Dear"!!! With a handsome driver, we had to stop and pause. Who could it be? Was it Santa Clause! There were no reindeer at all in sight; the bus was full of residents helping Santa tonight. They danced and they sang as Santa did call, the smiles on their faces showed they were having a ball. Through the front door and down each hall, delivering presents to one and all. Not a sound did we make as we watched in awe, next thing we knew, in walked Santa Clause. We covered our eyes and then ducked down, as he strolled through the halls without making a sound. He was dressed all in red from his head to his toes; he had chubby cheeks and a rosy red nose. Holding his list, he checked it twice, looking for those who were naughty or nice. Oh to his amazement he soon realized, everyone at Southwind Senior Living would be getting a surprise. All the residents and staff had been full of goodness and cheer, just as they had been year after year. As quick as they came, away they did go, while they entered the bus they shouted, "Ho, Ho, Ho!" With a turn of the key and a shift of the gears, I heard him exclaim, Merry Christmas to All and a Very Happy New Year!

-Jill Signorelli & Laurie Bellard

Department Heads:



Executive Director

Jill Signorelli

Resident Services Director

Miranda Mire

Business Office Manager

Laurie Bellard

Dietary Manager

Maria Young

Activity Director

Jill Villejoin



**Resident
of the Month
Louise Webb**

Ms. Louise has been a resident at SWSL for 3 years. She participates in most activities and can always be found helping others. She is kind and pleasant to everyone here at SWSL!



**Employee
of the Month
Lydia Murray**

Lydia is a compassionate, kind-hearted R.A. and has been with us for 3 years. She is also dependable and hard working. We are happy to have her on our team! Congratulations Lydia!

Upcoming Events

Mark your calendars and join us!

- 12-01 Lunch at Blu Basil in Lafayette
Resident Council Meeting
- 12-03 St. Michael's Mass (in the dining room)
- 12-04 St. Michael's Choir Christmas Concert
- 12-06 St. Michael's School Christmas Play at the Rice Theater
Lunch at Chili's in Crowley
Resident Birthday Party (Martha Bordelon & Del Hoffpauir)
- 12-07 Kaplan High School Choir Concert
November Activity Auction
- 12-09 St. Michael's School Choir Concert
- 12-10 Movie at Crowley Cinema IV
- 12-11 Christmas Carols performed by The Santa Babies
- 12-13 Shopping at Mall of Acadiana
- 12-14 Christmas Lights Joy Ride
- 12-15 Iota French Choir Concert
- 12-16 Annual Christmas Play performed by SWSL Staff & Party
- 12-20 Casino Trip to Coushatta in Kinder
- 12-21 White Elephant Game and Resident Christmas Party
- 12-22 Living Nativity at St. Michael's School
- 12-25 MERRY CHRISTMAS!
- 12-27 Lunch at Poor Boy's Riverside Inn
- 12-29 New Year's Party



**Auction Money
Activities**

*Bingo every day
At 3 PM & Trivia Mondays
every Monday at 10 AM*

- 12-06 Birthday Party
- 12-07 Plinko
- 12-13 Deal or No Deal
- 12-20 Music Bingo
- 12-21 White Elephant Game
- 12-27 Let's Make a Deal



Birthdays and Anniversaries

Residents:

- 12-02 Margaret Ann Schlesinger, 10 Years
- 12-07 Del Hoffpauir
- 12-13 Martha Bordelon
Dot Dailey, 3 Years

Employees:

- 12-02 Lydia Murray, 3 Years
- 12-10 Margie Castillo
- 12-15 Stacie Hanks

Halloween Fun: Games, Costumes, Party, & Trick 'R Treating



SWSL would like to give special thanks for the St. Michael's and Egan Pre-K classes for special Halloween performances and for trick 'r treating with us!

Transportation Changes In December

Due to the busy holiday schedule, there will be several changes to the Wal-Mart schedule in December. If you have any questions please see Jill V. The changes are as follows:

- Monday, December 5th will be at 10 AM. Extended shopping is moved to Thursday, December 8th from 1 PM-2:45 PM.
- Wednesday, December 14th at 10 AM. (None on Thursday, December 15th.)
- Monday, December 19th will be at 10 AM. Extended shopping is moved to Thursday, December 22nd from 1 PM-2:45 PM.
- Wednesday, December 28th at 10 AM. (None on Thursday, December 29th.)



Veterans Day 2016

SWSL celebrated Veterans Day by hosting a ceremony which included a performance by the Bayou Blend Chorus, the Crowley Fire Department posting the colors, gift presentation to each veteran, and refreshments for all our veterans, residents, and guests. We were truly honored to spend Veteran's Day with these 5 incredible men.

We Salute Our Veterans: James Bordelon- Air Force, Huey Borill- Army, Prigeon Fontenot- Army, Clifton Owens-Army, & Leon Poche-Army



Poetry Writing: Thanksgiving Love

Recently, SWSL undertook a new activity: poetry writing. Poetry therapy is becoming more popular because it's a great way to connect people when you write or read poetry in a group.

There are great benefits of reading back a poem someone has written; it helps with self-esteem, empowerment, and feelings of contribution. The poetry theme chosen this month was Thanksgiving. Please enjoy the following poem, titled Thanksgiving Love, written by James Bordelon, Martha Bordelon, Shirley Cassidy, Mildred Landry, and Louise Web, with the help of Jill Villejoin.

Family, food, fun, and love,
 Every November we're thankful for blessings from above.
 With each changing autumn leaf,
 Cooler weather reaches us each.
 Our family's embrace warms our souls,
 And good friends play an important role.
 Jim Beam, wine, or beer,
 Whatever your choice to bring you cheer.
 The smell of turkey and dressing fills the air,
 And sounds of Macy's parade adds the perfect flare.
 The afternoon brings tree trimming and football,
 And the kids start smelling like puppy dogs.
 But even after the smell of onions and casseroles start to fade away,
 The gratitude for loved ones remain because of Thanksgiving Day.

Happy Birthday



November Birthdays:
 Sherlene Robichaux,
 Rena LeJeune,
 Barbara Geesey, &
 Prigeon Fontenot

Thank You Winn Dixie!

SWSL would like to thank Winn Dixie of Crowley for donating the delicious and beautiful birthday cake in November. To order your next cake from Winn Dixie call 785-0010 or stop by their store on North Parkerson.

It Takes a Village....

SWSL would like to extend special thanks to Erica Venable with Lamm Family Care Home Health and Hospice, and Debra Harrington with Heart of Hospice. This past Veterans Day they each donated special gifts to the Veterans of Southwind Senior Living. Also, the SWSL activity department wants to send a special thank you to the staff and volunteers. From calling bingo or filling in with transportation, crafts, or various activities, the only way to accommodate such a busy activity schedule, is with the help of each and every one of you!

You are all greatly appreciated!!!!

Reminders...

- If you have any family or friends that would like to receive a monthly newsletter and calendar, please give their name and address to Jill V. If you wish to view the newsletter and calendar on line, please visit our web site at www.southwindassistedliving.com.
- The annual Christmas shopping trip is scheduled on Wednesday, December 13th. We will be going to the Acadiana Mall, however, please let Jill V. know any other stores you would like to attend so an itinerary can be made. A lunch destination will be determined that morning.
- We will be baking homemade gingerbread houses on Tuesday, November 29th, begin decorating the houses starting on Wednesday, November 30th, then continue through the week. Anyone interested in getting their own gingerbread house, please see Jill Villejoin so we can have adequate supplies.
- We will be baking homemade Christmas cookies on Wednesday, December 21st. Anyone that has a special cookie recipe or Christmas candy recipe, please share it with Jill V. The homemade treats, along with hot chocolate, will be enjoyed at the party that day at 3 PM. Family and friends are cordially invited and encouraged to attend!
- During inclement weather, Wal-Mart trips will be cancelled.
- The December activity auction will be held on Tuesday, January 3rd, 2016.
- The covered driveway is for picking up and dropping off ONLY! Please DO NOT leave your vehicle unattended at any time. Emergency vehicles need access to this fire lane at all times. Thank you for your cooperation.
- Any resident in need of transportation for doctor's appointments, please give your information to the Activity Department a **MINIMUM OF ONE WEEK** before the appointment. Additional charges may apply with less than a one week notice.
- SWSL would like to remind guests smoking is prohibited on the front porch and to please kindly discard cigarette butts in a safe manner and not on the ground. Thank you for your cooperation.

**Southwind Assisted
Living**

**626 Crowley-Rayne
Hwy.
Crowley, LA 70526**

**PHONE:
(337) 788-1113**

**FAX:
(337) 788-1195**

We're on the Web!

See us at:

www.southwindassistedliving.com

Our Mission

Our mission is to operate and manage the highest level of quality independent and assisted living communities where we provide superior service and unmatched value where:

- Residents and their family members are shown compassion and understanding, respect and dignity and caring support.
- Team members feel a sense of belonging.

About Us –

Southwind Assisted Living is a continuing care retirement community designed to provide a healthy, secure living environment; quality apartment housing with thoughtful amenities; and individual care programs designed for the senior and their families. Our living arrangements will allow you to maintain as independent a lifestyle as possible. We are convenient to shopping, medical providers, and all community services.



**626 Crowley-Rayne Hwy.
Crowley, LA 70526**

