

# The SOUTHWIND Breeze

November 2017

## Dining at D.I.'s

In South Louisiana among the rice fields and crawfish ponds, between Bayous Des Cannes and Nezpique, lies D.I.'s Cajun Restaurant. A group of SSLs residents and family members took a trip to D.I.'s to listen to their live music and dine on their delicious Cajun cuisine last month. Everyone had a wonderful time on this eventful night out!



## Department Heads:

Executive Director

Jill Signorelli

Resident Services Director

Miranda Mire

Business Office Manager

Laurie Bellard

Life Enrichment Director

Amy Menard

Dietary Manager

Carolyn Milstead

  
SOUTHWIND  
SENIOR LIVING SUITES



**Resident  
of the Month**

**Sherlene  
Robichaux**



**Employee  
of the Month**

**Alexis  
Williams**



Southwind Senior Living Suites would like to thank Winn Dixie of Crowley for donating our residents' birthday cakes. We appreciate the beautiful and delicious cakes they send our way. To order your next cake from Winn Dixie, call 785-0010 or stop by their store on North Parkerson.

*Together, we  
can fight the  
Flu!*

*How can you prevent  
the Flu this Flu  
season?*

1. Get a Flu shot.
2. **Contain:** If you or your loved ones are sick with flu symptoms, stay home and don't risk spreading germs.
3. **Clean:** Wash your hands often.
4. **Cover:** Cover your mouth when sneezing or coughing.



## Birthdays and Anniversaries

**Residents:**

- Barbara Geesey 11/02 (B)
- Rena LeJeune 11/06/14 (A)
- Barbara Geesey 11/13/07 (A)
- Louise Bergeron 11/14/12 (A)
- Rena LeJeune 11/26 (B)
- Sherlene Robichaux 11/29 (B)

**Employees:**

- Ramona Meaux 11/11/16 (A)
- Maria Young 11/16 (B)
- Lydia Murray 11/29 (B)
- Shawana Savoy 11/23 (B)

## Brimstone Museum Tour

Southwind Senior Living residents Mildred Landry, Barbara Geesey, and James Bordelon enjoyed their recent outing to Sulphur, Louisiana. Upon arriving in Sulphur, the group dined at Lebleu's Landing Cajun Restaurant for lunch. After their meal they visited the Brimstone Museum where they viewed the museum's exhibits dedicated to the history of the sulfur industry and how it has played a role in developing the city of Sulphur.



## Celebrating National Chocolate Cupcake Day

In celebration of National Chocolate Cupcake Day, residents Barbara Geesey, Kathy Reid, and Mildred Landry made chocolate cupcakes to share with their fellow residents. It doesn't get much sweeter than that! Their delicious baked goodies were much appreciated.



### *Our Mission*

Our mission is to operate and manage the highest level of quality independent and assisted living communities where we provide superior service and unmatched value where:

- Residents and their family members are shown compassion and understanding, respect and dignity and caring support.
- Team members feel a sense of belonging.

## Southwind Senior Living Suites

626 Crowley-Rayne Hwy.  
Crowley, LA 70526

PHONE:  
(337) 788-1113

FAX:  
(337) 788-1195

We're on the Web!

See us at:  
[www.southwindsuites.com](http://www.southwindsuites.com)

## Reminders...

- If you have any family or friends that would like to receive a monthly newsletter and calendar, please give their name and address to Jill V. If you wish to view the newsletter and calendar on line, please visit our web site at [www.southwindsuites.com](http://www.southwindsuites.com).
- During inclement weather, Wal-Mart trips will be cancelled.
- The covered driveway is for picking up and dropping off ONLY! Please DO NOT leave your vehicle unattended at any time. Emergency vehicles need access to this fire lane at all times. Thank you for your cooperation.
- Any resident in need of transportation for doctor's appointments, please give your information to the Activity Department a MINIMUM OF **ONE WEEK** before the appointment. Additional charges may apply with less than a one week notice.
- SWSL would like to remind guests smoking is prohibited on the front porch and to please kindly discard cigarette butts in a safe manner and not on the ground. Thank you for your cooperation.

## About Us –

Southwind Senior Living is a continuing care retirement community designed to provide a healthy, secure living environment; quality apartment housing with thoughtful amenities; and individual care programs designed for the senior and their families. Our living arrangements will allow you to maintain as independent a lifestyle as possible. We are convenient to shopping, medical providers, and all community services.

